



TEAM MARTIAL ARTS

2014 CLASS SCHEDULE

CLASS DESCRIPTIONS

Tiny Tigers
(L) Leadership
(BBC) Black Belt Club
White Belt Basics
CIT – Certified Instructor Training
All Ages & Belts
Adult

Tiny Tigers: Age 3-6
Juniors: Age 7-15
Adults: Age 16 & up

*If you or your child are not being challenged and wish to participate in a more advanced class, please speak with Chief Master Stauffer.

TIME	Mon	Tue	Wed	Thu	Fri	Sat
12:15 – 1:00	Adult All Belts		Adult All Belts			10:00-10:30 White Belts Basics All Ages
4:30 – 5:00	Tiny Tigers Level 1	(BBC) Purple - Red	Tiny Tigers Level 1	(BBC) Purple - Red	Tiny Tigers Level 1	10:30 – 11:00 Tiny Tigers Level 1 – One Steps
5:00 – 5:45	Tiny Tigers Levels 2 & 3	(L/CIT) Orange – Red	Tiny Tigers Levels 2 & 3	(L/CIT) Orange - Red	Tiny Tigers Levels 2 & 3	11:00 – 11:45 Tiny Tigers Level 2&3 - sparring
5:45 – 6:15	(BBC) Orange - Green	White Belt Basics All Ages	(BBC) Orange - Green	White Belt Basics All Ages	(BBC) Orange – Green	11:45 – 12:30 (L) Tournament Prep All Ages & Belts
6:15 – 7:00	(L) Orange - Green	Recommended – 2 nd Degree Recommended	(L) Orange - Green	Recommended – 2 nd Degree Recommended	(L) Orange – Green	12:30 – 1:15 (CIT) Instructor Training Class
7:00 – 7:45	(L) Purple -Red	(L) Demo Team	Family Class All Ages & Belts	(L) Weapons	(L) Purple –Red	1:15 – 2:00 Sparring All Ages & Belts
7:45 – 8:30	Adult All Belts	2 nd – 3 rd Degree	Adult All Belts	2 nd – 3 rd Degree	Adult All Belts	*Special Events

Business Hours: Mon-Fri: 10 am – 1 pm and 4 pm – 8:30 pm Sat: 10 am - 2 pm Sunday – Closed

Saturday afternoons are reserved for BIRTHDAY PARTIES & Special Events. Contact us for information!

214 St. James Ave, Goose Creek, SC 29445 Phone: 843-324-7591

Web: www.teammartialarts.net Email: tma_ata@yahoo.com “LIKE” us on Facebook!